

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail [fmvhl@mac.com](mailto:fmvhl@mac.com). Archived at USTF Region V site [www.ustf-region5.org](http://www.ustf-region5.org) Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Stringers Corinne Sroykum, Renee Sereff, Guy Williams, and Robert Martin.

## COMING EVENTS

On November 1 there will be a Black Belt testing at the **School of Classical Taekwon-Do**, Crystal Lake, Illinois. Master **Braxton Miller**, USTF State Director for Illinois, is the Promoter. Students from SOCTKD and the Academy of Martial Arts, Grafton, Wisconsin, will participate.

On November 3 a gup test will be conducted at the **Academy of Martial Arts**, Grafton. Sr. Master F.M. Van Hecke will preside.

There will be a **USTF Class B Instructor Course** conducted November 8<sup>th</sup> & 9<sup>th</sup>, starting 8:00 am each morning. This will be taught by Grand Master Mike Winegar. Registrations are due HQ by no later than October 11<sup>th</sup>. YHE guarantees this series is phenomenal!

**Fairbanks Taekwon-Do**, Alaska, will be having a color belt testing on December 6, 2014.



A few of the competitors and officials from the "Battle of the Belts" Tournament held Sept. 20 in Kirksville, Missouri. (Story on the next page.)

Sir:

**Kirksville Taekwon-Do** and **USTF Region 6** hosted the **Battle of the Belts Tournament** on Saturday, September 20. With competitors from three states Senior Master **Bill Stephenson**, Tournament Director, declared the event to be a great success.



Competitors battled for rankings in team and individual patterns, sparring, and breaking.

One new twist for this year's event was the invitation to advanced dan ranks above Third Dan to return to active competition. This provided a great opportunity for younger students to see some world-class action and watch some of their instructors and mentors hit the floor. In the picture at left, Mr. **Kevin Bushor** and Mr. **Chad Smith**, both Sixth Dans, look all business.

Also, in a first for this tournament, Mr. **Faren Lindsey** of Lindsey Taekwon-Do in Quincy, IL, arrived with a group of eight students who were attending their first formal competition. We look forward to their future association and future in friendly competition.

--Submitted by *Lisa Eastin*

The **2014 USTF-UTAH State Championship Tournament** will be November 8 in Salt Lake City.

The **Concord Invitational Tournament** will be November 9 (date subject to confirmation).

**USTF-UTAH** will have its Fall Black Belt Testing on November 15 in Salt Lake City.

On November 22 Offutt AFB will be the site of another Taekwon-Do testing under the leadership of Master **Ricky Todd**.

On November 23, **Concord School of TKD** will have a Black Belt test for Concord, **Sudbury TKD**, **New England TKD**, and **Victory TKD**.

On the same day, November 23, there will be a Black Belt test at **Maestas Taekwon-Do** in Arvada, Colorado.

On December 6 there will be a Black Belt test at Sereff Taekwon-Do in Broomfield, Colorado.

The Concord School of Taekwon-Do will host the **USTF National and International Invitational 2015**. at Brandeis University on July 25 & 26, 2015 in Historic Boston Massachusetts. Information packages will be going out shortly, questions or requests for more information can be sent to can be sent to; John Murphy at the Concord School of Taekwon-Do, 77 Powder Mill Rd., Acton MA, 01720 or to [j.murphy@concorditftkd.com](mailto:j.murphy@concorditftkd.com)

The Flash will award both a Pictorial Submission of the Year and a Best Article by a Non-Stringer for 2014 in December.

### AROUND THE COUNTRY

On October 11 a USTF Referee Course was conducted at Sereff TKD.

On Saturday, October 18<sup>th</sup> **Concord TKD** held a promotions test. **Andrew Aedo-Fagundes**, **Maxwell Borenshtein**, and **Jacob Healy** tested successfully for Gup 9. **Maddie Bilbe** and **Nicholas Terry** were promoted to Gup 8, and **Charlie Morse** advanced to Gup 7. Advancing to Gup 3 were **Tim Colley**, **Vamsi Kontham**, and **Satish Bhat**, whose son **Sanjit** is a 1st Dan.

New Gup 1 include **Ed Shi**, **Alan Chen**, **John Albano**, whose sister and brother also train, and **Chloe Fox**, whose older brother **Oliver** will test for III Dan in November.

Senior Master **Louis Reyes** will offer a I Dan Patterns Seminar on Sunday, January 4<sup>th</sup>, followed on Sunday, January 25<sup>th</sup> by a II Dans Patterns Seminar. On February 8<sup>th</sup>, SM Reyes will teach a Sparring Seminar for all ranks. All seminars will be hosted by the Concord School of TKD. [info@concorditftkd.com](mailto:info@concorditftkd.com).

Sir:

Sr. Grand Master **C.E. Sereff** had asked Master **Frank Hannon** to work a program that would bring the information to life that was in General Choi's Encyclopedia and the USTF Handbooks with regards to Ground Fighting, Taekwon Do style. Master Hannon has done extensive research on Ground Fighting Techniques not only in General Choi Hong Hi's writings but also in the US Army programs. The result was the **USTF Ground Fighting Course** -- taught literally from the ground at Sereff Taekwon-Do on October 4. "Ho Sin Sul and Philosophy for Stand Up Fighters" by Major Hannon is a wonderful reference tool that enhances the Ho Sin Sul skills on a basic level that we will use throughout not only the Basic Ho Sin Sul but this USTF Ground Fighting Course.

The 5 hour course was finalized with several pairs of people trying to take down and pin each other with techniques that were taught that day. Congratulations to Master Hannon who dedicated his research to this USTF course. And did a fantastic job teaching it. [Editor's Note: [photo below, the group; photo above, two participants urge Mr. Jordan McDill to extract that valuable knowledge from Master Hannon any way he can.]



--Grand Master *Renee Sereff*





On October 27 **Thomas J. Minesal** taught his last class at the Academy of Martial Arts in Grafton, Wisconsin. On December 14, 1986, Minesal achieved First Dan; he started teaching as soon as a broken toe (tough test!) healed and never looked back. A picture taken shortly before is below, left. A most revered teacher, he retired a Third Degree after decades of loyal service and will be sorely missed at the Academy of Martial Arts, Grafton, Wisconsin. His retirement party cake design and calligraphic by YHE below right reflects both Tom's rock-like persistency and the trust in which he has always been held.



Senior Master **Louis Reyes** taught a USTF Referee course for the New England region on Sunday, October 19<sup>th</sup>. Eighteen candidates for Referee Class C, B, and A status went through the Tournament Rules and Regulations and practiced judging demonstration sparring rounds. SM Reyes to care to go into great detail on safety regulations, equipment requirements, and sparring rules, as all students in the course plan to support next summer's USTF National Tournament to be hosted in Boston. Thank you, SM Reyes, for an exceptional class!

--Submitted by Roselyn Romberg, D.F.S.





Congratulations to Mr. **Daniel Nelson** and his Mom **Bernarda**! In loving memory of Dr. Audrey Farley, the instructors and students of Sereff Taekwon Do have nominated Daniel Nelson of Maestas Taekwon Do to be the 2<sup>nd</sup> recipient of the **Dr. Audrey Farley Perseverance award**. His perseverance and loving care he has given his mother Bernarda has made this an easy decision to present Mr. Nelson with this heartfelt award. Mr. Nelson has been a part of Maestas Taekwon Do and the USTF for many years. He served his country in the Gulf War as an Army MP. After his military service, Mr. Nelson earned a degree in criminology. He currently works as a Federal Corrections Officer. He is an integral part of the teaching staff at Maestas Taekwon Do. The award was given October 19 at Broomfield CO.

Mr. Nelson's mother Bernarda has attended every seminar and event that Mr. Nelson has attended from USTF Referee Courses, USTF Ground Fighting Course, USTF Ho Sin Sul courses, USTF Knife and Weapons Course, USTF Instructors Courses, both days, never complaining. Even sitting by the back door of Sereff Taekwon Do where it can get pretty cold in the winter, never a complaint. She now watches class each week from her wheelchair. What a wonderful Son to make sure his Mom is well taken care of and not left at home alone. Sr. GM Sereff presented Mrs. Nelson with an Honorary Black Belt because she has her requirements in for all the seminars and attendance credits for classes. We congratulate Mr. Daniel Nelson with all of our appreciation for the wonderful son you are. Dr. Audrey Farley would be proud.

--Submitted by *Grand Master Renee Sereff*



Sir:

The **New England Region** was invited to provide **USTF Certified Referees**, and bring competitors, to the **XIX ITF Tournament** hosted annually in **Queens NY**. Brothers **Bryce** and **Kent Mashimo** made their home school, **Concord TaeKwon-Do**, proud as they advanced through rounds against competitors from across the US and from countries as far away as **Poland** and **Uzbekistan**. The team of **NE Referees** judged patterns competitions and cornered and centered sparring rounds throughout the day.

Respectfully,  
**Roselyn Romberg**

[Editor's note: this is yet another example of our superior training in officiating skills as referred to in the last issue. We continue to receive invitations to referee international competition for organizations which have respect for **USTF** resources and education. Right: Bryce Mashimo medals. Thanks to First Dan **Roselyn Romberg**, Distinguished Flash Stringer, for her letter.]



Sir:

Sr. Grand Master **C.E. Sereff** proudly promoted Master **Ricky Todd** to Sr. Master VIII Dan on October 19. Sr. Master Todd, USTF Regional Director of Region 3, traveled with 23 students to Broomfield Colorado for the promotion and to support the SGM Sereff Fall Championship. Sr. Master Todd has served the USTF as a Regional Director and former Armed Forces Director for many years. Owner of **Axe Taekwon Do** in **Bellevue Nebraska**, he is known as a very strong instructor with emphasis on breaking! As the Instructor for the USTF Referee program and the USTF Breaking seminar, his experience has lead him to be recognized for the extraordinary person he is. Congratulations on the well deserved promotion!

--Grand Master *Pence Sereff*

[Editor's Note: YHE frankly admits a great bias in this matter. Not only was Sr. Master Todd last year's Stringer of the Year, he has always been a relentless advocate of membership communications within USTF. His promotion honors him, his loyalty and character honor all of us.]



**The AAMA Fall Classic Tournament** was held at the **Academy of Martial Arts--Sheboygan Falls** on a beautiful Wisconsin Fall day, October 18. Fourth Dan **Jacqueline Karpinsky**, Wisconsin State Director, acted as Tournament Coordinator. Fourth Dan **Caren Johnson** acted as Chief Referee. Schools from Wisconsin and Illinois participated. Pictured: At right, Marc Mikkelson, Fourth Dan, refs the smalls, while below, Fourth Dan James Pals handles bigs. Lower left corner, Black Belt sparring competition winners (from left, Gold, Jake Weiss, Silver, Matt Thur, Bronze, Marc Mikkelson. Lower right: "They also serve who score and time." Mr. Harley Pals keeps time, and Miss Valerie Locklair, the score, in an early match. Asked by YHE why Mr. Pals so enjoyed his role that he brought his own stopwatch, the 90-year-old stated that at his age time was very important to him.







**Concord TKD** hosted a New England regional Interscholastic Tournament on Sunday October 5<sup>th</sup>. This fun tournament serves as an introduction to tournament protocol and etiquette for newer students, and an opportunity for newer Referees to gain experience at judging and cornering. Several dozen Gups under the age of 15 gave junior Referees a chance to practice cornering and centering, judging patterns, keeping time and score, and bracketing, under the careful coaching of experienced Class A and B Judges. A fun time was had by all, and enthusiastic competitors went home with a lot of “bling”! Photo: **Oliver Fox** hands out medals to **Tim Colley, Jonathan Zhang, Rachel Turkington, and Daniel Angus-Kirstein.**

*Roselyn Romberg, D.F.S.*

**SGM Sereff’s Fall Championship**, held at Broomfield, Colorado on October 19, was a great way to catch up with friends and make new ones! Competitors from **Colorado, Wyoming, Nebraska,** and **Missouri** and referees from **Texas, Colorado, Louisiana, Missouri, Nebraska,** and **Wyoming** made sure this was a safe event. Dr.



**Shevaun Duiker**, our medical staff for the day, was not kept too busy: only a bloody nose, breathing problem and a couple bruises! Competition in Sparring, Pattern and Breaking Teams gave many a chance for good experience and a medal or two! From white belt to VI Dan, there was competition for everyone! This annual event give the students and referees the experience they need and helps train everyone for the up and coming USTF National and International Invitational!

Over 55 USTF certified referees worked at this event. At left, too fast for the camera’s shutter, Amy Wilson spars Tracy Rogers. Some additional photos of the Sereff Fall Championship elsewhere in this issue. This article is submitted by Grand Master Renee Sereff, whose continued excellent reportage is mightily appreciated. Now, exactly how does she do all these things for us AND report on them at the same time?



Some more pictures from the October 19 Sereff Invitational Tournament.

At top: Adult Breaking Team Competition Winners First Place, JV **Axe TKD**, 2<sup>nd</sup> Nemo (Axe NB and Missouri) and 3<sup>rd</sup> place Master Martin's Misfits Casper, Wyoming. Immediately above: JR. Breaking Team Competition Winners First place **Maestas Power Breakers**, 2<sup>nd</sup> place Foothills TKD Fighting Frogs, and 3<sup>rd</sup> place Sereff Pony Express.

At right: Girls just wanna have fun! **Leigha Bell, Jessica DiLaura, and Haley Hood.**

